

## COVID-19 Guidance on Ohio Travel

### Protecting Against COVID-19

In accordance with the Stay At Home Order Extension that be in effect from April 7 through May 1 at 11:59 p.m. by Ohio Department of Health (ODH) Director Amy Acton, M.D., MPH under the direction of Governor Mike DeWine, issued the following is guidance regarding prohibited and permitted travel in and out of Ohio.

- Travel is permitted into and out of Ohio to maintain essential businesses and operations and minimum basic operations.
- Persons entering the state with the intent to stay are asked to self-quarantine for 14 days.
  - This does not apply to persons who as part of their normal life live in one state and work or gain essential services in another state. For example, this does not apply to healthcare workers, public health workers, public safety workers, transportation workers, and designated essential workers.
  - Individuals traveling into and out of Ohio for essential reasons—such as caring for elderly, persons with disabilities, or other vulnerable persons, and transporting children pursuant to a custody agreement—do not need to self-quarantine. If they display COVID-19 symptoms they should self-isolate. More information on essential travel is available in the Stay At Home Order at <https://coronavirus.ohio.gov/static/publicorders/Directors-Stay-At-Home-Order-Amended-04-02-20.pdf>.
- The following individuals shall not enter the state unless they are doing so under medical orders for the purposes of medical care, are being transported by Emergency Medical Services, are driving or being driven directly to a medical provider for purposes of initial care, or are a permanent resident of Ohio:
  - Those who have tested positive for COVID-19
  - Those who are presumptively diagnosed with COVID-19
  - Anyone exhibiting symptoms identified in the screening guidance available from the Centers for Disease Control and Prevention and the Ohio Department of Health.

For additional information, visit [coronavirus.ohio.gov](https://coronavirus.ohio.gov).

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1-800-985-5990 (1-800-846-8517 TTY); connect with a trained counselor through the Ohio Crisis Text Line by texting the keyword "4HOPE" to 741 741; or call the Ohio Department of Mental Health and Addiction Services help line at 1-877-275-6364 to find resources in your community.

# CORONAVIRUS DISEASE 2019 **Ohio** | Department of Health

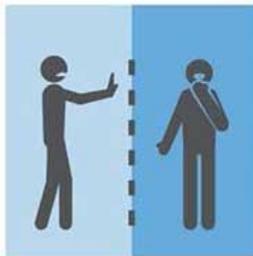
Protect yourself and others from COVID-19 by taking these precautions.

## PREVENTION

For additional information call 1-833-4-ASK-ODH or visit [coronavirus.ohio.gov](https://coronavirus.ohio.gov).



STAY HOME



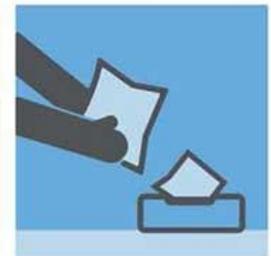
PRACTICE SOCIAL DISTANCING



GET ADEQUATE SLEEP AND EAT WELL-BALANCED MEALS



WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)



DRY HANDS WITH A CLEAN TOWEL OR AIR DRY YOUR HANDS



COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING



AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES



CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN



CALL BEFORE VISITING YOUR DOCTOR



PRACTICE GOOD HYGIENE HABITS

For more information, visit: [coronavirus.ohio.gov](https://coronavirus.ohio.gov)